

Madera Unified School District

Aug 14, 2017 thru Aug 14, 2017

Base Menu Spreadsheet

Lun HS (9-12grade)

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Carb (g)	T-Fat (g)
Mon - 08/14/2017					
Lun HS (9-12grade)	Total				
Orange Chicken Rice Bowl	1 EACH	500	730	65.0	15.5
KFC Style Chicken Box	1 Each	566	1608	59.92	26.76
PIZZA, PEPPERONI (SCHWANS)	SLICE	370	550	36.0	16.0
PIZZA, FOUR CHEESE (SCHWANS)	SLICE	370	500	36.0	15.0
Spicy Chicken Sandwich	1 Each	360	530	40.0	12.0
HAMBURGER - GO FRESH	1 ea (4oz)	410	349	25.0	19.64
CHEESEBURGERS - GO FRESH	1 EACH	445	562	26.01	21.67
CHICKEN, ROTISSERIE PLATE	1 EACH	510	893	4.38	31.94
SANDWICH, TRI TIP	1 EACH	231	216	24.0	5.29
Sandwich, Turkey - Go Fresh	1 EACH	310	600	40.0	6.5
SANDWICH, TURKEY HAM	1 EACH	208	690	24.98	4.91
HOT DOG - GO FRESH	2 EACH	525	1480	46.04	26.43
Burrito, Bean & Cheese (True)	1 EACH	360	480	45.0	14.0
Burrito, Beef & Cheese (MCI)	1 Each	360	480	45.0	14.0
Chicken Tenders (3 Pieces)	EACH (3 PIECES)	250	410	15.0	10.0
Chicken Tamale & Spanish Rice	Each (6oz)	510	1120	65.0	21.5
Salad, Chicken Caesar	1 Each	122	196	4.59	4.7
Salad, Cobb (Go Fresh)	1 Each	122	196	4.59	4.7
Salad, Mediterranean	1 Each	122	196	4.59	4.7
Salad, Garden Veggie	1 EACH	*N/A*	*N/A*	*N/A*	*N/A*
Salad, Tossed Green (Go Fresh)	1 Each	17	16	3.68	0.19
Milk, Fat-Free Chocolate	1 ea	120	150	21.0	0.0
Milk, 1% White	Each (8.0oz)	130	160	16.0	2.5
Fruit Juice, Assorted - 4oz	1 Each	60	0	14.0	0.0
Fruit, Assorted Fresh	Each	51	3	12.83	0.23
VEGETABLES ASSORTED	1 EACH	38	52	7.88	0.37
Weighted Daily Average		7067	12165	686.50	278.53
% of Calories				38.9%	35.5%
Nutrient Guideline		750-850	1420		

Weighted Average		7067	12165	686.50	278.53
				38.9%	35.5%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*
Calories	7067		750 - 850					
Sodium (mg)	12165		1420					
Carbohydrate (g)	686.50	38.86%						
Total Fat (g)	278.53	35.47%						

*Data comparisons are not available for one or two day selections

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

' - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.