

MS + HS Breakfast

Madera Unified School District

Aug 14, 2017 thru Aug 14, 2017

Base Menu Spreadsheet

Breakfast ~~(9th-12th)~~

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Carb (g)	T-Fat (g)
Mon - 08/14/2017					
Breakfast (9th-12th)	Total				
BREAKFAST SANDWICH (PORK)	1 EACH	96	326	1.51	5.52
Pizza, Breakfast IW (R & S)	1 Each	220	340	29.0	8.0
Cinnamon Roll (Elements)	1 Each	300	270	54.0	8.0
Benefit Bar-Oatmeal Choc Chip	1 Each	286	241	47.44	8.94
Mini Donuts	EACH (6 PACK)	290	430	40.5	13.5
Pancake, Mini (De Wafelbakker)	Each (3.0oz)	220	340	36.0	7.0
Breakfast on a Stick	1 Each	240	390	30.0	8.0
BURRITO, Green Chile & Egg	1 Each	200	370	22.0	9.0
Yogurt Cup w/Grahams	1 Each	510	315	99.0	4.5
French Toast Sticks w/Syrup	Each (3 sticks)	353	258	64.75	10.5
cereal, assort (8 variGM)*14	bowlpak	106	161	23.05	1.54
Belly Bears - Assorted	1 EACH	127	102	20.33	4.0
Fruit, Assorted Fresh	Each	51	3	12.83	0.23
Fruit Juice, Assorted - 4oz	1 Each	60	0	14.0	0.0
Milk, 1% White	Each (8.0oz)	130	160	16.0	2.5
Milk, Fat-Free Chocolate	1 ea	120	150	21.0	0.0
Weighted Daily Average		356	376	62.81	5.96
% of Calories				70.6%	15.1%
Nutrient Guideline		450-600	640		

Weighted Average		356	376	62.81	5.96
				70.6%	15.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*
Calories	356		450 - 600					
Sodium (mg)	376		640					
Carbohydrate (g)	62.81	70.60%						
Total Fat (g)	5.96	15.07%						

*Data comparisons are not available for one or two day selections

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

† - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.